



# CLASS READINESS

## Grooming & Class Preparation

To help create a safe, focused and professional dance environment, we ask all students to arrive at class well-prepared and neatly groomed.

Dance, while fun and enjoyable, is an art form that requires commitment, discipline and respect. Taking care with grooming, attire and preparation is an important part of honouring and appreciating the art of dance, as well as showing respect for teachers, classmates, the studio space and our wonderful parents who support our dancers to make it their classes!

### **Ballet & Lyrical Classes**

- Hair must be done prior to class and securely fastened into a neat bun. We highly recommend bringing a hair kit with extra nets, pins, hair ties, and a brush, just in case!
- A bun net and bobby pins are required to keep hair tidy throughout class.
- No jewellery is to be worn for safety. (This includes, necklaces, bracelets, watches, rings etc)
- Small stud or hoop earrings are acceptable, no large, or hanging earrings.
- Ballet shoes and tights must be worn every class.
- Skin coloured underwear, and bra straps are to be tucked in under leotard straps
- Please bring a dance bag to keep all shoes and accessories together.

### **Jazz Classes**

- Hair should be neatly tied back and off the face in a pony tail, plait etc:
- No jewellery is to be worn.
- Correct jazz shoes must be worn each class.

### **Helpful Extras**

- Please bring a water bottle to every class to stay hydrated. Water only in the studio & during classes.
- Bring a healthy snack for between classes
- Wear class required dance wear so teachers can clearly see alignment and movement.
- Arriving on time and ready to dance helps classes run smoothly and builds strong dance habits.

By preparing thoughtfully for class, dancers learn responsibility, pride, and professionalism. Values that support both their growth as dancers and their appreciation of this beautiful art form and all it takes to be apart of a dance class.